



*Become A Goddess*

*He Can't Resist*



## *This Is Only The Beginning of Your Goddess Journey*

My dating and relationship story may sound and feel familiar to you.



The way I grew up feeling about myself, and the skills and desires I had for a true love relationship may feel familiar as well.

I grew up in a home where my mother and father divorced when I was six years old.

I had no man reference to what a relationship looked like or felt like with no father in the picture.

I chased men, sent gifts, talking about my accomplishments and always trying to show them what a wonderful catch I would be for them.

*This I believed was the way to a man's heart.*

Most men would run away, and if they did stay, it wasn't for long.

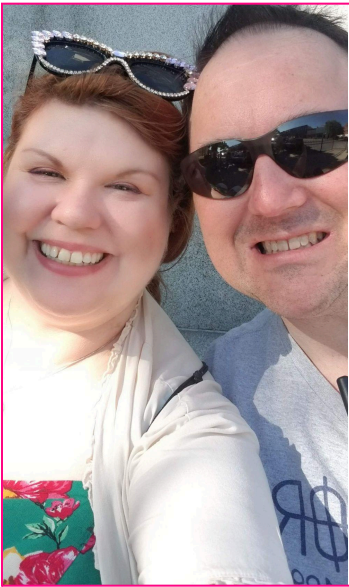
They would break up with me, and I couldn't imagine why.

*I was such a nice girl.*

I was always left wondering what went wrong when I'd done such a fantastic job of giving to them and doing so many wonderful things for them?

For those men who did stick around, the relationship was rocky and never the loving, happy relationship that I saw in fairy tales or movies and longed for so badly.

*What if I told you I'm now in the happiest, most  
amazing relationship of my life?*



I've never felt so *loved* and *cherished*.

I'm experiencing the *easiest* relationship imaginable, and that it feels more amazing than I could have ever dreamt.

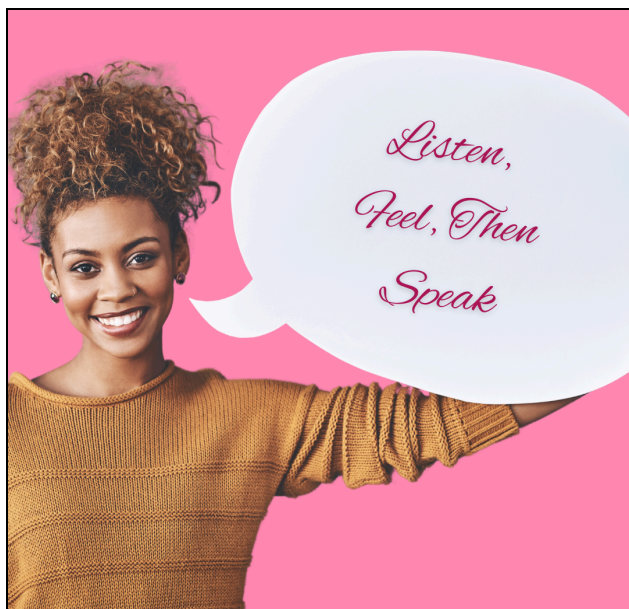
I have gone from the wall flower to a Goddess who has her Dream Man - and you can, too!

*Can you imagine what it would feel like for you to have the fairy tale you've always dreamed about too?*

Would you like me to help you discover the secret that can help you have that kind of relationship too?

I can help teach you the art of Feminine Energy so you too can become a Goddess that will help you find your dream man and relationship.

# *Here are your “5 Steps to Become a Goddess He Can’t Resist”*



## *Step #1 Choosing your words carefully*

**Words have amazing power!**

They can push a man away from you, or bring him closer to you.

So much of the time, we don't feel like we have the time to “construct” the “correct” way to talk to a man.

Especially when we're feeling highly emotional (especially when we're angry!).

**Choosing Your Words means:** learning how to speak to a man - from your deepest, most sensitive feelings, expressing what you feel, what you need and what you simply WANT, in words he can hear and connect with emotionally.

In words that make him WANT to give love, attention, thrilling physical intimacy and constant affection to you - and *only you*.

### *What Exactly Does "Expression" Mean?*

Expressing yourself is reaching into your body, your heart, sensations and emotions, finding what you notice and feel - and then saying it, out loud, to a man using your words and body language.

It means being direct, truthful, and straight-forward in letting a man know who you are, what you need, and what you want coming from your feelings and not from your head.

***I'm already truthful, and authentic! I let him know when he's being stupid!***

**Expressing your feelings and being heard is Building Trust** - and this is how you'll learn to allow yourself to be vulnerable inside a true love relationship.

By taking the time and sharing what we are feeling in our bodies, we can draw a man closer.

By expressing what we're feeling with our partner he can truly connect.

When we are our vulnerable selves, it allows him to connect more deeply to us.

It also allows him to feel good being vulnerable with you too.

When he feels he can be vulnerable with you, it draws him even closer to you.

Remember this when you feel afraid of speaking what you're really feeling:  
*Men connect with our hearts not our minds.*

*Meditation: Go Into Your Feelings To Learn The Words to  
Ask For What You Want*



1. If you're not already sitting - Sit in a comfortable chair.
2. Lean Back, and soften your body into the back of the chair
3. What are you feeling in your body?
4. Where are you feeling it? Your heart? Your stomach?

5. Being aware of your feelings and where you are feeling them in your body is the first step to choosing your words.
6. Once you're aware of how you're *feeling*, you'll be able to authentically share with your partner.

## *Step #2 Practice!*

Now it's up to you to practice speaking your feelings!

At first it will feel like you are learning a new language...AND YOU ARE!

Rehearse them everyday until they become second nature to you.

Speak your feelings with everyone you encounter until speaking from your feelings becomes second nature to you.

When you learn to speak and share your feelings over and over it will become ingrained in your body.

Before you realize it, you will always be speaking from your feelings!

# Reflections of Your Inner Goddess: The Mirror



Look into a mirror and reach deep into your body.

Look into your eyes and look deep down into your core.

What are you feeling?

Sad, angry, happy, something else?



- Now look in the mirror and see your partner's face or a man you are dating.

- Share how you are feeling with him.

- *I'm feeling so \_\_\_\_\_ at the moment.*

- What's this man's reaction?



Continue to rehearse this new way of sharing your feelings with this man.

*Begin each sentence with I feel, I felt, it feels so, I'm feeling so \_\_\_\_\_.*

Each time you say it in the mirror, notice how your partner is reacting to you.

Is he asking more questions and leaning in to you?

Rehearse with the mirror to feel comfortable.

Then begin using your new way of speaking with your feelings with everyone around you in your daily life.

Use it when you chat with women, children, and men while you grocery shop, run errands or visit with friends.

Once you feel comfortable, use your feeling words with your partner.

*Step # 3*

# *Immersing Yourself in a Goddess' Lifestyle*



*Men feel most intrigued when we give them space.*

When you create a full life for yourself a man will feel more curious about you.

Create this juicy life for yourself.

A life that sparks immense joy inside.

One that you envision a Goddess would relish for herself, ***for yourself.***

# The Goddess Life



- Join that book club, learn to dance, go to meetups, take a class and learn something new.
- Create a life aside from your partner or men you're dating that sparks joy inside your body.
- How does your body feel when you are doing these activities?

- Are you resisting the Goddess in you that is longing to live a beautiful life?



The juicier your life becomes the more that men will feel intrigued by you and sense your newfound joy.

A fulfilling full life outside of your partner will also give him space to come to you.

The closer you are to becoming a confident Goddess!

## *Step #4*

*Dress As Your Inner Goddess- What Makes You Feel Good In Your Body And Helps You Stay In Feminine Energy?*



If you dress in what makes you feel good, you will feel like the goddess you are inside!

When you feel special on the outside, you will also feel all lit up on the inside.

It could be a new dress, it could be a special top, a new bold color, maybe a necklace or bracelet with a special charm that has meaning.

Have you noticed that when you dress up for a wedding or other special event that you feel **amazing** on the inside too?

Why not feel that way every day?

### *Meditation: Wear Your Dream Dress. And Connect Your Clothes To Your Soul*



- Do you like hats? Start wearing hats if it connects you with your inner girl.
- Maybe you've always wanted a different hair color or highlights.
- It could be anything that you can touch and "feel" and get into your feminine energy.

By switching up how you look on the outside, and changing the inside feelings, the world will take notice.

*Dress how you see **yourself** as the Goddess in your **own** love story!*

# *Step #5 You Are a Goddess Who Gets to Choose from Many Men!*



Just like Aphrodite has many men to choose from, so should you!

After all, you want to be sure you are making the right choice for who your amazing partner should be.

Just like in the movies, many men audition for a leading part and the director has to narrow it down to choose only one.

Like a director doing call backs, you will do the same by giving men second and third dates if they have piqued your interest.

By auditioning multiple men and going on many dates with them, you can make certain they are a right fit for you.

This is why ***Carousel Dating*** is important.

## *Carousel Dating = Dating a Round of Men at the Same Time*



- Just like each animal on the carousel is different, each man will look and feel slightly different to you.
- Each man will have a different lesson that he will give to you through dating him.
- Every rotation on the carousel is a date with a man, and an opportunity to use your feeling words to see how each he feels to you.

Date as many men as you feel comfortable with allowing on your carousel.

If after a few dates you find a man is not in tune with your feelings, let him go and make room for the next man to get on the carousel with you.

Have a few men on your carousel at a time and slowly get to know them.

Only once you are sure they are a good fit and can offer you the happy ending you envision, then you can give him the role of being your partner!

*You're Already The Goddess of Your Life. Now,  
Let's Bring In Your Perfect Dream Man, And  
Create The Epic Love Story You Deserve.*

If you'd like some real answers to your questions, and help with your unique situation right now, just write to me here, and I'll get back to you quickly:

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